

# Magic Form

# PLANNING COURS COLLECTIFS

Magic form BAGNOLET  
122 AVENUE GAMBETTA 93170 BAGNOLET  
01 48 57 57 57

## LUNDI

10H-10H45  
TRX

10H45 11H30  
CROSS  
TRAINING

11H30 -12H  
STRETCHING

19H-20H  
PILATES 


20H-21H  
YOGA 

## MARDI

10H-10H45  
Magic PUMP  


10h45 11H30  
CAF

11H30 -12H  
STRETCHING

18H30-19H30  
Magic PUMP  


19H30 20H30  
 BIKING

20h30 21H  
CAF


## MERCREDI

10H-10H30  
TAILLE  
BRAS

10H30 11H30  
PILATES 

11H30 -12H  
STRETCHING


18H30 -19H30  
**ZUMBA**

19H30 -20H30  
DANSE  
ORIENTALE 

## JEUDI

10H-11H30  
YOGA 

11H30-13H  
ULTIMATE  
TRAINING

18h -18H30  
ABDOS  
FLASH 

18H30-19H15  
Magic PUMP  


19H15 20H  
 BIKING

## VENDREDI

10H30 11H30  
 B-CYCLE

11H30 -12H  
STRETCHING

19H-20H  
BOLYWOOD  
DANSE 

20H-21H  
MAGIC  
COMBAT 

## SAMEDI

10H-11H  
PILATES 

11H-11H45  
FIIT DANCE 

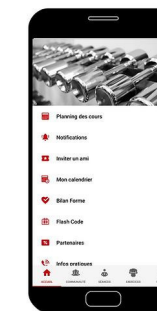
11H45 -12H  
STRETCHING

## DIMANCHE

10H30 11H30  
HIIT TRAINING

11H30 12H15  
 BIKING

12H15 -12H30  
STRETCHING



TÉLÉCHARGEZ  
L'APPLICATION MOBILE  
 

TÉLÉCHARGEZ L'APPLI  
MAGIC FORM BAGNOLET